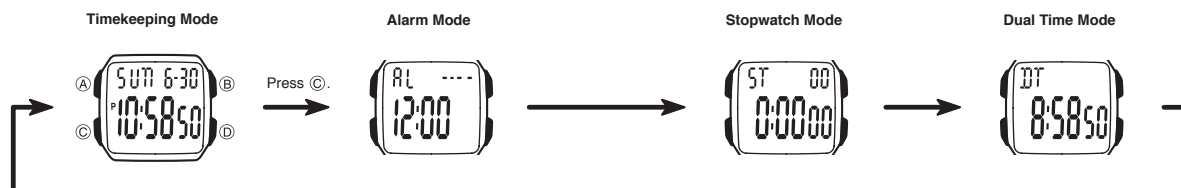


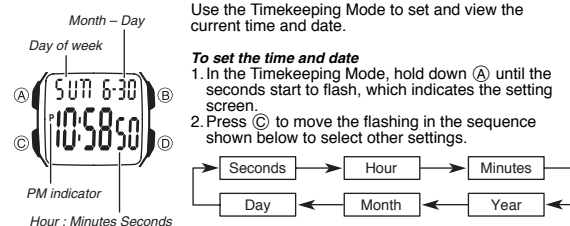
## General Guide

- Press **(C)** to change from mode to mode.
- In any mode, press **(B)** to illuminate the display.

- In any mode, hold down **(C)** for about two seconds to return to the Timekeeping Mode.



## Timekeeping



Use the Timekeeping Mode to set and view the current time and date.

### To set the time and date

1. In the Timekeeping Mode, hold down **(A)** until the seconds start to flash, which indicates the setting screen.
2. Press **(C)** to move the flashing in the sequence shown below to select other settings.



3. When the setting you want to change is flashing, press **(D)** to change it as described below.

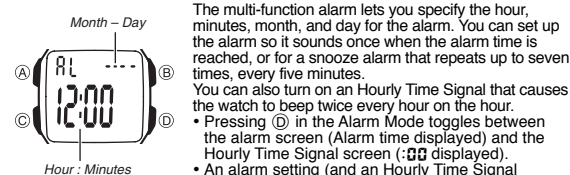
To change this setting	Perform this button operation
Seconds	Press <b>(D)</b> to reset to 00.
Hour, Minutes, Year, Month, Day	Press <b>(D)</b> to increase the setting.

- Pressing **(D)** while the seconds are in the range of 30 to 59 resets them to 00 and adds 1 to the minutes. In the range of 00 to 29, the minutes are unchanged.
- 4. Press **(A)** to exit the setting screen.
- The day of the week is automatically displayed in accordance with the date (year, month, and day) settings.
- The year can be set in the range of 2000 to 2099.
- The watch's built-in full automatic calendar automatically makes allowances for different month lengths and leap years. Once you set the date, there should be no reason to change it except after you have the watch's battery replaced.

### To toggle between 12-hour and 24-hour timekeeping

- In the Timekeeping Mode, press **(D)** to toggle between 12-hour timekeeping and 24-hour timekeeping.
- With the 12-hour format, the **P** (PM) indicator appears to the left of the hour digits for times in the range of noon to 11:59 p.m. and no indicator appears to the left of the hour digits for times in the range of midnight to 11:59 a.m.
  - With the 24-hour format, times are displayed in the range of 0:00 to 23:59, without any indicator.
  - The 12-hour/24-hour timekeeping format you select in the Timekeeping Mode is applied in all other modes.

## Alarm



The multi-function alarm lets you specify the hour, minutes, month, and day for the alarm. You can set up the alarm so it sounds once when the alarm time is reached, or for a snooze alarm that repeats up to seven times, every five minutes.

- You can also turn on an Hourly Time Signal that causes the watch to beep twice every hour on the hour.
- Pressing **(D)** in the Alarm Mode toggles between the alarm screen (Alarm time displayed) and the Hourly Time Signal screen (:00 displayed).
- An alarm setting (and an Hourly Time Signal setting) is available in the Alarm Mode, which you enter by pressing **(C)**.

### Alarm Types

The alarm type is determined by the settings you make, as described below.

#### • Daily alarm

Set the hour and minutes for the alarm time. This type of setting causes the alarm to sound everyday at the time you set.

#### • Date alarm

Set the month, day, hour and minutes for the alarm time. This type of setting causes the alarm to sound at the specific time, on the specific date you set.

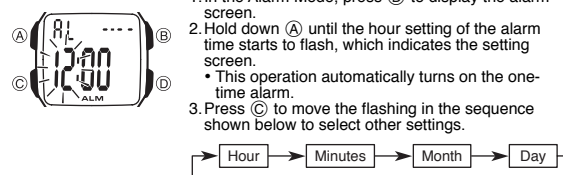
#### • 1-Month alarm

Set the month, hour and minutes for the alarm time. This type of setting causes the alarm to sound everyday at time you set, only during the month you set.

#### • Monthly alarm

Set the day, hour and minutes for the alarm time. This type of setting causes the alarm to sound every month at time you set, on the day you set.

## To set an alarm time

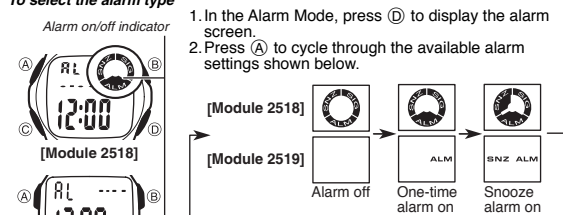


1. In the Alarm Mode, press **(D)** to display the alarm screen.
2. Hold down **(A)** until the hour setting of the alarm time starts to flash, which indicates the setting screen.
- This operation automatically turns on the one-time alarm.
3. Press **(C)** to move the flashing in the sequence shown below to select other settings.

## Alarm Operation

- The alarm tone sounds at the preset time for about 10 seconds. In the case of the snooze alarm, the alarm repeats up to seven times every five minutes.
- Pressing any button stops the alarm tone operation.
- The alarm and the Hourly Time Signal sound in all modes.

## To select the alarm type



- 1. In the Alarm Mode, press **(D)** to display the alarm screen.
- 2. Press **(A)** to cycle through the available alarm settings shown below.
- The alarm on indicator and the snooze alarm on indicator are shown on the display in all modes while these functions are turned on.
- The snooze alarm on indicator flashes during the 5-minute intervals between alarms.
- Displaying the Alarm Mode setting screen automatically changes the alarm type to one-time alarm.
- Changing the Timekeeping Mode setting screen during a 5-minute interval between snooze alarms stops the current snooze alarm operation (but snooze alarm remains as the alarm type setting).
- If a snooze alarm time is reached while you are setting the current time in the Timekeeping Mode, the alarm sounds only once. Subsequent snooze alarm operations are not performed.

## Stopping a Snooze Alarm Operation

After a snooze alarm time is reached, you can perform the following steps during any 5-minute interval between alarms to stop the snooze alarm operation.

## To stop a Snooze Alarm Operation

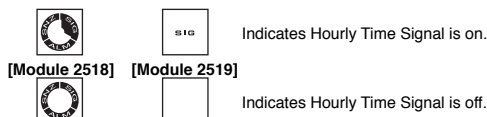
1. While in the Alarm Mode, press **(D)** to display the alarm screen.
2. Next, press **(A)** to turn off the alarm or to select the one-time alarm.
- Note that this also changes the alarm type setting. If you want to use the snooze alarm again, you must re-select it as the alarm type. See "To select the alarm type" for more information.

## To test the alarm

- In the Alarm Mode, hold down **(D)** to sound the alarm.

## To turn the Hourly Time Signal on and off

1. In the Alarm Mode, press **(D)** to display the Hourly Time Signal screen.
2. Press **(A)** to turn it on and off.



- The Hourly Time Signal on indicator is shown on the display in all modes while this function is turned on.

# Obsah je uzamčen

**Dokončete, prosím, proces objednávky.  
Následně budete mít přístup k celému dokumentu.**



**Proč je dokument uzamčen? Nahněvat Vás rozhodně nechceme. Jsou k tomu dva hlavní důvody:**

- 1) Vytvořit a udržovat obsáhlou databázi návodů stojí nejen spoustu úsilí a času, ale i finanční prostředky. Dělali byste to Vy zadarmo? Ne\*. Zakoupením této služby obdržíte úplný návod a podpoříte provoz a rozvoj našich stránek. Třeba se Vám to bude ještě někdy hodit.

*\*) Možná zpočátku ano. Ale vězte, že dotovat to dlouhodobě nelze. A rozhodně na tom nezbohatneme.*

- 2) Pak jsou tady „roboti“, kteří se přiživují na naší práci a „vysávají“ výsledky našeho úsilí pro svůj prospěch. Tímto krokem se jim to snažíme překazit.

A pokud nemáte zájem, respektujeme to. Urgujte svého prodejce. A když neuspějete, rádi Vás uvidíme!