



CARE T3

EN – INSTRUCTION MANUAL

DE – ANLEITUNG

CS – NÁVOD

SK – NÁVOD

PL – INSTRUKCJA

HU – HASZNÁLATI UTASÍTÁS

SL – NAVODILA

HR – UPUTSTVO

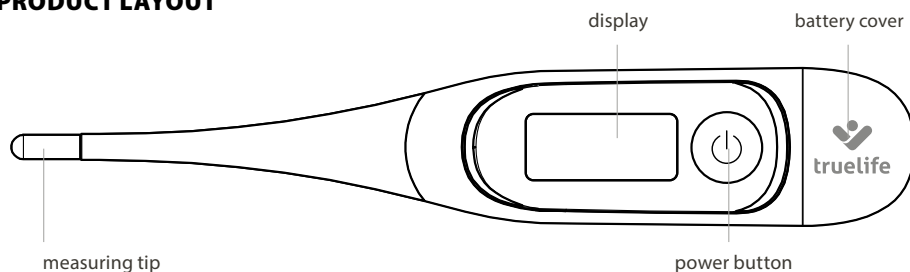
EN – INSTRUCTION MANUAL

The TrueLife Care T3 is a contact thermometer designed to measure body temperature from the mouth, armpit or rectum. It can also be used to measure water temperature.

BOX CONTENTS

- 1× TrueLife Care T3 thermometer
- 1× Travel case
- 1× CR2032 battery
- 1× Instruction manual
- 1× Safety instructions

PRODUCT LAYOUT



FIRST USE

1. Remove the thermometer from the travel case.
2. Slide off the battery cover.
3. Take the battery out.
4. Remove the plastic insulating strip.
5. Insert the battery back into the compartment with the correct polarity.
6. Replace the battery cover.
7. Before use, clean the tip with a damp cloth.

GUIDELINES

For the most accurate measurement, follow these guidelines:

- To determine elevated temperature and fever, the user's normal temperature must first be determined. Take several readings when the user is in a healthy state and note the result for later comparison.
- The thermometer and user should be in the same temperature environment for at least 30 minutes before taking a reading.
- The user should not drink, eat, be physically active or bathe prior to taking the reading.
- Do not breastfeed before or during the reading.

MEASUREMENT





The thermometer uses two phases of measurement – predictive and precision.

Predictive measurement gives you a reading in about 5 seconds, providing quick information on whether you have a fever. This type of measurement is very accurate and uses an algorithm to calculate the temperature that would have been reached with a full-length measurement (for example, 5 minutes). However, to achieve the most accurate result and to fine-tune the measurement, there is a second phase – precision measurement.

Precision measurement refines and aligns the predictive findings of the thermometer to the most accurate reading over a period of several minutes.

Note: *The measurement time may vary depending on the mode used, the environment and the user's condition.*

Taking a reading:

1. Clean the tip with a damp cloth.
2. Turn on the thermometer by pressing the **power button**.
3. Three colours (green/orange/red) will flash in sequence on the thermometer, followed by the last reading taken, the selected mode (orL / udr / rct / bth), then three dashes (- - -) and the measurement icon  indicating that the thermometer is now ready for use.
4. Place the thermometer in the chosen place – the dashes on the display will start to move and the measurement icon  in the right corner will begin to flash, indicating that the thermometer has successfully started taking a reading.
5. The thermometer will complete predictive measurement after approx. 5 seconds, emitting an audible signal (5 beeps for about 5 seconds) and lighting up the display in the corresponding colour. The measurement icon  will also stop flashing. At this point, it is possible to stop but if you want the temperature reading to be as accurate as possible, follow the points below.
6. Next the thermometer will start the precision measurement phase.
7. Keep the thermometer in place and wait.
8. After a few minutes (depending on the measurement site), a second, longer audible signal will sound (10 beeps for about 10 seconds) and the measurement icon  will disappear.
9. The display will then show the precise measured value.
10. After taking a reading, turn off the thermometer by pressing the **power button**. Alternatively, it will switch itself off after 10 minutes to save battery.

COLOURED BACKLIGHT

The thermometer also indicates the measured temperature using the coloured backlight of the display.


Temperature up to 37.2 °C (98.96 °F) – green backlight (normal body temperature)

Temperature from 37.3 to 37.7 °C (from 99.14 to 99.86 °F) – orange backlight (elevated temperature)

Temperature 37.8 °C (100.04 °F) and above – red light (fever) + audible fever alert

SELECTING THE MEASUREMENT MODE

The thermometer allows you to measure the temperature in three places on the body and the temperature of water. To achieve the most accurate results, set the thermometer's measurement mode for the specific site you are taking the reading from. To select the mode, proceed as follows:

1. Turn on the thermometer by pressing the **power button**.
2. When the currently selected mode appears on the display, press and hold the **power button** for about 3 seconds until the display flashes.
3. Now you can toggle between modes, by pressing the **power button**.
4. After choosing the mode, simply wait until the display stops flashing and the thermometer will display 3 dashes (- - -) and the measurement icon  indicating the thermometer is ready to take a reading.
5. Take a temperature reading.

orL – Oral mode – for measuring the temperature from the mouth

udr – Underarm mode – for measuring the temperature from the armpit

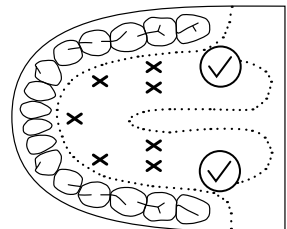
rct – Rectal mode – for measuring the temperature from the rectum

bth – Bath mode – for measuring water temperature

MEASUREMENTS IN INDIVIDUAL MODES

1. Oral mode

- a. Before using the thermometer, do not eat or drink anything (especially hot and cold food or drinks) and keep your mouth closed for 3–10 minutes before starting the measurement.
- b. Place the thermometer in your mouth under your tongue in one of the two pockets to the left or right of the root of the tongue.
- c. Close your mouth and try to breathe evenly through your nose during the measurement (so that the reading is not affected by airflow).



Obsah je uzamčen

Dokončete, prosím, proces objednávky.

Následně budete mít přístup k celému dokumentu.



Proč je dokument uzamčen? Nahněvat Vás rozhodně nechceme. Jsou k tomu dva hlavní důvody:

- 1) Vytvořit a udržovat obsáhlou databázi návodů stojí nejen spoustu úsilí a času, ale i finanční prostředky. Dělali byste to Vy zadarmo? Ne*. Zakoupením této služby obdržíte úplný návod a podpoříte provoz a rozvoj našich stránek. Třeba se Vám to bude ještě někdy hodit.

**) Možná zpočátku ano. Ale vězte, že dotovat to dlouhodobě nelze. A rozhodně na tom nezbohatneme.*

- 2) Pak jsou tady „roboti“, kteří se přiživují na naší práci a „vysávají“ výsledky našeho úsilí pro svůj prospěch. Tímto krokem se jim to snažíme překazit.

A pokud nemáte zájem, respektujeme to. Urgujte svého prodejce. A když neuspějete, rádi Vás uvidíme!