truelife | Pulse BT

EN	INSTRUCTIONS FOR USE
DE	BEDIENUNGSANLEITUNG
CZ	NÁVOD K POUŽITÍ
SK	NÁVOD NA POUŽÍVANIE
PL	INSTRUKCJA UŻYCIA
HU	HASZNÁLATI ÚTMUTATÓ
SL	NAVODILA ZA UPORABO
HR	NAPUTAK ZA UPORABU

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1× Blood pressure monitor
1× Arm cuff
1× Storage case

4× 1.5V AA alkaline battery
1× Manual
1× Safety Instructions

The pressure monitor measures blood pressure (systolic and diastolic) using the oscillometric method and also heart rate.

1. PRODUCT DESCRIPTION
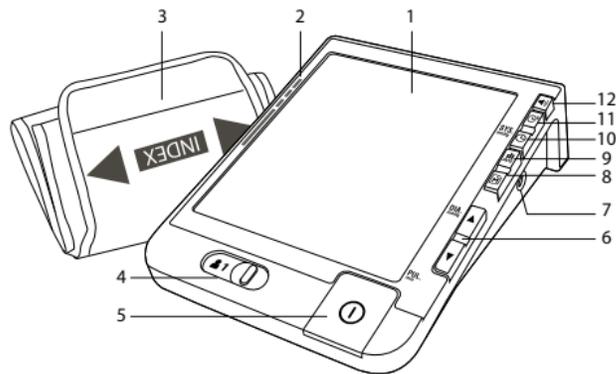
1. Display
2. Inlet for cuff hose
3. Arm cuff
4. Change user
5. Power
6. Up/down

7. AC adapter input
8. Memory
9. Average value
10. Time settings
11. Alarm
12. Volume

Display description

1. Alarm 1
2. Date
3. Time
4. Severe hypertension
5. Moderate hypertension
6. Mild hypertension
7. Elevated normal pressure
8. Normal pressure
9. Optimal pressure
10. Improperly fitted cuff
11. Alarm settings
12. Date and time settings
13. Average value mode
14. Motion during measurement
15. Memory
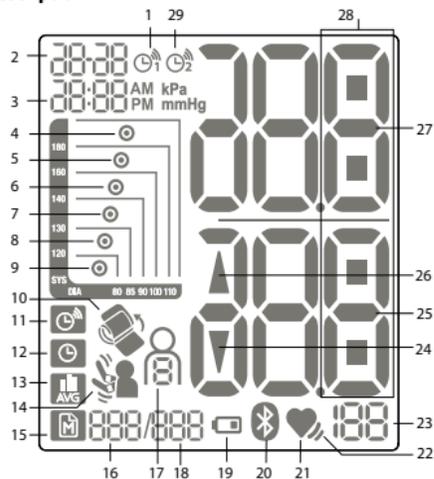
16. Current entry in memory
17. User
18. Total memory
19. Low battery indicator
20. Bluetooth
21. Heart rate symbol
22. Irregular heartbeat indicator
23. Heart rate
24. Air discharge indicator
25. Diastolic (lower) blood pressure
26. Pressure indicator
27. Systolic (upper) blood pressure
28. Volume level
29. Alarm 2

2. BATTERY INSTALLATION
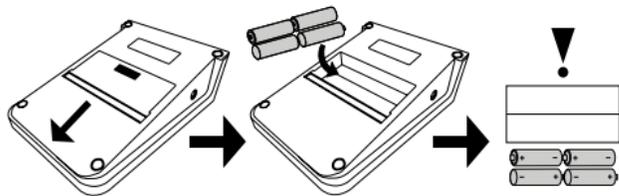
Remove the battery cover on the back of the monitor unit and insert 4× 1.5V AA batteries. Make sure that the batteries are inserted according to the polarity indicated in the battery compartment. Do not use batteries that are past their expiration date.

The battery must be replaced when the battery symbol and „E6" appear on the display after switching on the monitor. The symbol together with the code indicate a low battery level. With a critically low battery level, the device will not take readings. This device is not suitable for rechargeable batteries.

If you will not be using the device for a long period of time, remove the batteries.

3. USING THE AC ADAPTER
(The AC adapter is not included. It can be purchased as an optional accessory.)

a) Connecting
1. Insert the adapter connector into the DC jack on the right side of the monitor unit.
2. Plug the adapter into a 100–240 V socket.
3. The monitor will turn on.

b) Disconnecting
1. Unplug the adapter.
2. Pull the adapter connector out of the DC jack on the side of the monitor.

Note: *Only use the original adapter.*
Note: *When using the adapter, you can leave the batteries inside the device.*

4. SETTING THE DATE AND TIME
The unit automatically enters the date and time settings menu after the batteries are inserted or the power adapter is plugged in. This can manually be accessed by holding the time settings ⏰ button for 5 seconds.
1. „Year" flashes on the display.
2. Use the up/down ▲ and ▼ arrows to set the correct year and confirm with the power ① button.
3. Continue in the same way to set the month > day > hour > minute.
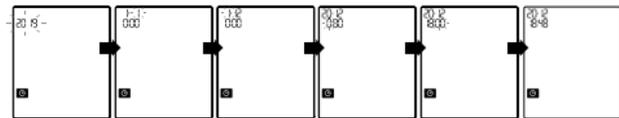
IMPORTANT: *The first time you set up the device, you must set the exact date and time. If it is not set correctly, the values will not be correctly copied to the calendar when the readings are transferred to a mobile device.*

Note: *The readings are stored in the memory when the batteries are replaced. However, you will need to set the date and time again.*

5. ADJUSTING THE VOLUME
The blood pressure monitor uses audible alerts for some functions. The volume of these alerts can be adjusted.
1. Press the volume ◀)) button to enter volume settings.
2. The volume icon will start flashing.
3. Use the up arrow ▲ to increase the volume and the down arrow ▼ to decrease it.
4. After setting the desired volume, press the power ① button to confirm and exit the mode.

6. SETTING AN ALARM
You can set two audible alerts on the monitor – alarms.
1. Press the alar ⏰ button to enter the alarm settings.
2. The alarm icon will flash on the display. Press the alarm ⏰ button again and choose between two alarms (⏰1 or ⏰2).
3. When the icon you have selected flashes, you can use the up ▲ and down ▼ buttons to toggle between turning the alarm on ON⏰1 and off OFF⏰1. Press and hold the alarm ⏰ button until the alarm icon stops flashing.

Obsah je uzamčen

Dokončete, prosím, proces objednávky.

Následně budete mít přístup k celému dokumentu.

Proč je dokument uzamčen? Nahněvat Vás rozhodně nechceme. Jsou k tomu dva hlavní důvody:

1) Vytvořit a udržovat obsáhlou databázi návodů stojí nejen spoustu úsilí a času, ale i finanční prostředky. Dělali byste to Vy zadarmo? Ne*. Zakoupením této služby obdržíte úplný návod a podpoříte provoz a rozvoj našich stránek. Třeba se Vám to bude ještě někdy hodit.

   *) Možná zpočátku ano. Ale vězte, že dotovat to dlouhodobě nelze. A rozhodně na tom nezbohatneme.

2) Pak jsou tady „roboti", kteří se přiživují na naší práci a „vysávají" výsledky našeho úsilí pro svůj prospěch. Tímto krokem se jim to snažíme překazit.

A pokud nemáte zájem, respektujeme to. Urgujte svého prodejce. A když neuspějete, rádi Vás uvidíme!